

Devon County ASA Long Distance 2019
Saturday 12th January at Plymouth Life Centre - Club Help

Duty	800m Freestyle Warm up 5.00pm
Announcer (x1)	Devon County Arranged
Door (x1)	Plymouth Leander
Poolside Check in monitor (x1)*	County Arranged
Warm Up Marshalls (x4)*	Covered By club coaches Clubs responsible no county marshalling
Swimmer Marshalls (x3)*	
Swim Down Marshall (x3)*	
Spare Marshall/Runner(x1)*	Exeter
Trophy Desk(x2)*	Mount Kelly

***Please note that all helpers must be a registered member of a club.
Will those with poolside duties please come with suitable footwear.**

Door: To sell programmes. Please be in place in the balcony by 12:00 Saturday and 11:00 on Sundays 4.30 on distance events and someone will meet you by the table with the programmes etc.

Poolside Check in monitor: To sign in the clubs Coaches and Team Managers and issue passes and programmes.* Please report to Swimming Office 15 minutes before the start of the warm up session for briefing.

Warm Up Marshall: To monitor safety during the warm up. Please report to the Swimming Office 15 minutes before the warm up session for briefing.

Swimmer Marshall: To ensure that swimmers are in their correct heats/lanes ready for their heat. Please report 20 minutes to the Swimming Office before the start of the competition session. All marshalling is done on poolside.

Swim Down Marshall: To maintain good order in the swim down pool. Club own team manager or coach must be present if swimmers in pool.

Spare Marshall/Runner An extra pair of hands on poolside to keep an eye on general safety, post results The duties will vary during the day/session. Please report to the Swimming Office 20 minutes before the competition begins.

Trophy Desk: Help with the distribution of medals/trophies. Please report to the Swimming Office 20 minutes before the competition begins.